Project Persevere 2020

Week of: **April 27** SPIRIT WEEK

	EIM 4/27	NCC 4/28	EIM 4/29	NWI 4/30	EIM 5/1	NCC 5/2	Community Shoutouts/ NWI 5/3
	MONDAY	**TUESDAY**	**WENESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM	T.H.R.I.V.E. Tip		T.H.R.I.V.E. Tip		T.H.R.I.V.E. Tip		
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM	Upper Workout Arianne/ NCC **Netflix Party:** Food Choices	Active Recovery Dave	Live Workout With Katlyn	Active Recovery Vito	Lower Workout Kourtney		
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM		Healthy Cooking Tip				Easy & Healthy Recipe	
3:00 PM							
3:30 PM							
4:00 PM	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM			Fill in the Gap Session 6: 30 PM		Mini Clinic 6:30		Go Live
				--- --- ---			
8:30 PM- Later	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	***Community member shout out(**)***	